

I can't access this information.

What should I do next?

You can be referred to a Connect North Link Worker who can talk to you about your social needs and concerns and help you to access the information, help and support you need.

Everyone's needs are different. Not everyone will want or need a link worker, some might only need 1 or 2 sessions while others may need more regular input and support.

Your Connect North Link Worker is:



Ann Conlan
Connect North Link Worker



Mobile: 078 1419 6935

Email: ConnectNorthMU@ageni.org

Office Hours: Mon – Fri 9am – 5pm

Website: www.connectnorth.co.uk

Find Connect North on:  and  @ConnectNorthSP



Working together



Excellence



Openness & Honesty



Compassion

We provide compassionate care with our community, in our community.

To find out more:

 www.connectnorth.co.uk

 ConnectNorth@northerntrust.hscni.net

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If you would like to give feedback regarding our service, please contact our Service User Feedback Department on 028 9442 4655 or email user.feedback@northerntrust.hscni.net, or share your feedback online at www.careopinion.org.uk.

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 Northern Health and Social Care Trust



Connecting You to Services & Activities in Your Local Area

Connect North is delivered in partnership with Age NI

■ Introduction

Many things affect our health and wellbeing.

Social factors such as work, money, housing problems, the challenges of managing long-term conditions or feeling lonely or isolated are just as important to our health and wellbeing as our physical needs

■ What is Connect North?

Connect North can help to connect you to the right help and support to address these social needs.

This is sometimes called “social prescribing” and our aim is to improve your wellbeing.

Connect North has been designed and developed with our service users.

■ What support is available?

Here are some examples of how Connect North can help:



■ How can I access information and support?

If you or someone close to you has an internet enabled device you can access information and support directly.

■ Browsing our Connect North Directory of Services

To find out about activities, services and supports available near you:

Type the following address into your internet browser:

www.connectnorth.co.uk

or:

Scan the QR code using the camera on your internet enabled device e.g. phone or tablet:



1. Open the link
2. Select “Activity type”
3. Insert your postcode
4. Click “search”